



GREG'S OWN

KETO FAT BURNER

MAXIMUM STRENGTH

DID YOU KNOW?



MORE THAN 40% OF ADULTS IN THE UNITED STATES
—**THAT'S TWO OUT OF EVERY FIVE PEOPLE**—ARE
LIVING WITH OBESITY.

Worldwide, obesity among adults has more than doubled since 1990, and has quadrupled among children and adolescents (5 to 19 years of age).

SOCIAL & ENVIROMENTAL FACTOR INFLUENCING OBESITY:



sources:

World Health Organization. Obesity: preventing and managing the global epidemic: report of a WHO consultation. Geneva, Switzerland: World Health Organization; 1999. WHO Technical Report Series 8940.

Affenito SG, Franko DL, Striegel-Moore RH, Thompson D. Behavioral determinants of obesity: research findings and policy implications. J Obes. 2012;2012:150732.



Industrialization causes changes in societal structures, such as food production, food abundance, a decrease in energy expenditure because of sedentary lifestyles, access to modern education, and changes in the role of women.

sources:

World Health Organization. Obesity: preventing and managing the global epidemic: report of a WHO consultation. Geneva, Switzerland: World Health Organization; 1999. WHO Technical Report Series 8940.

Affenito SG, Franko DL, Striegel-Moore RH, Thompson D. Behavioral determinants of obesity: research findings and policy implications. J Obes. 2012;2012:150732.



Cultural influences affect the intake of energy-dense foods that are high in fat, increase in sedentary lifestyles, and attitudes toward body image.

sources:

World Health Organization. Obesity: preventing and managing the global epidemic: report of a WHO consultation. Geneva, Switzerland: World Health Organization; 1999. WHO Technical Report Series 8940.

Affenito SG, Franko DL, Striegel-Moore RH, Thompson D. Behavioral determinants of obesity: research findings and policy implications. J Obes. 2012;2012:150732.

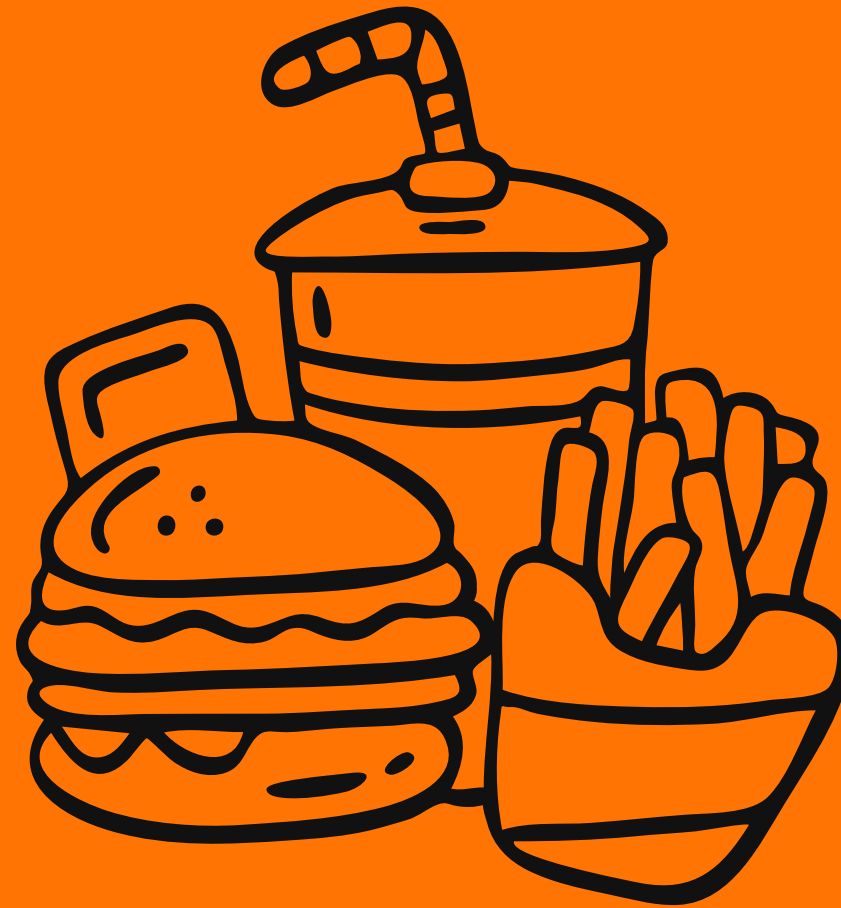


High socioeconomic status is negatively correlated with obesity in developed countries, but positively correlated in developing countries.

sources:

World Health Organization. Obesity: preventing and managing the global epidemic: report of a WHO consultation. Geneva, Switzerland: World Health Organization; 1999. WHO Technical Report Series 8940.

Affenito SG, Franko DL, Striegel-Moore RH, Thompson D. Behavioral determinants of obesity: research findings and policy implications. J Obes. 2012;2012:150732.



Societal changes impact behaviors that contribute to weight gain, such as overeating and reduced physical activity.

sources:

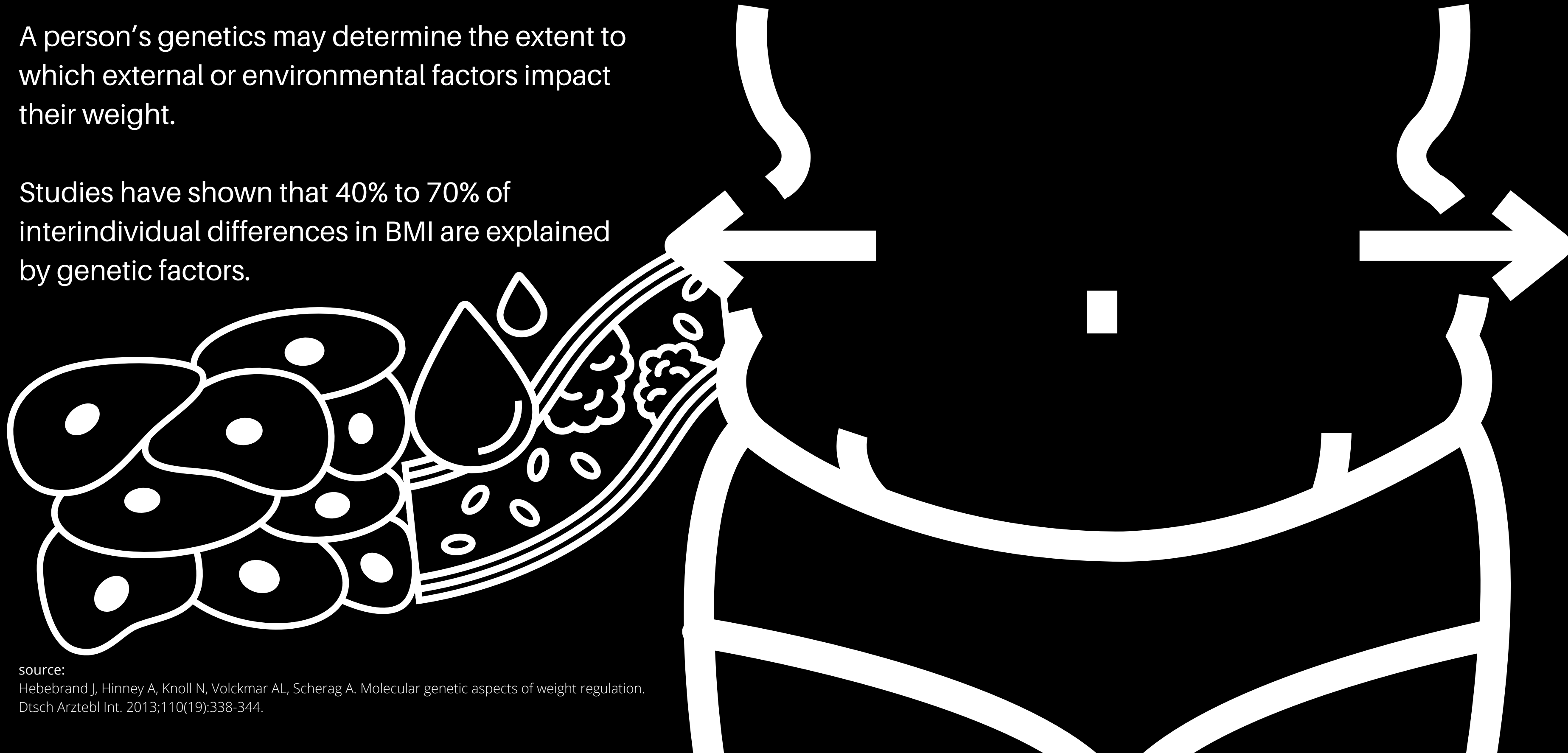
World Health Organization. Obesity: preventing and managing the global epidemic: report of a WHO consultation. Geneva, Switzerland: World Health Organization; 1999. WHO Technical Report Series 8940.

Affenito SG, Franko DL, Striegel-Moore RH, Thompson D. Behavioral determinants of obesity: research findings and policy implications. J Obes. 2012;2012:150732.

GENETIC FACTORS OF OBESITY:

A person's genetics may determine the extent to which external or environmental factors impact their weight.

Studies have shown that 40% to 70% of interindividual differences in BMI are explained by genetic factors.



source:

Hebebrand J, Hinney A, Knoll N, Volckmar AL, Scherag A. Molecular genetic aspects of weight regulation. Dtsch Arztebl Int. 2013;110(19):338-344.



FASTER METABOLISM =



BURN

MORE

CALORIES

METABOLISM:

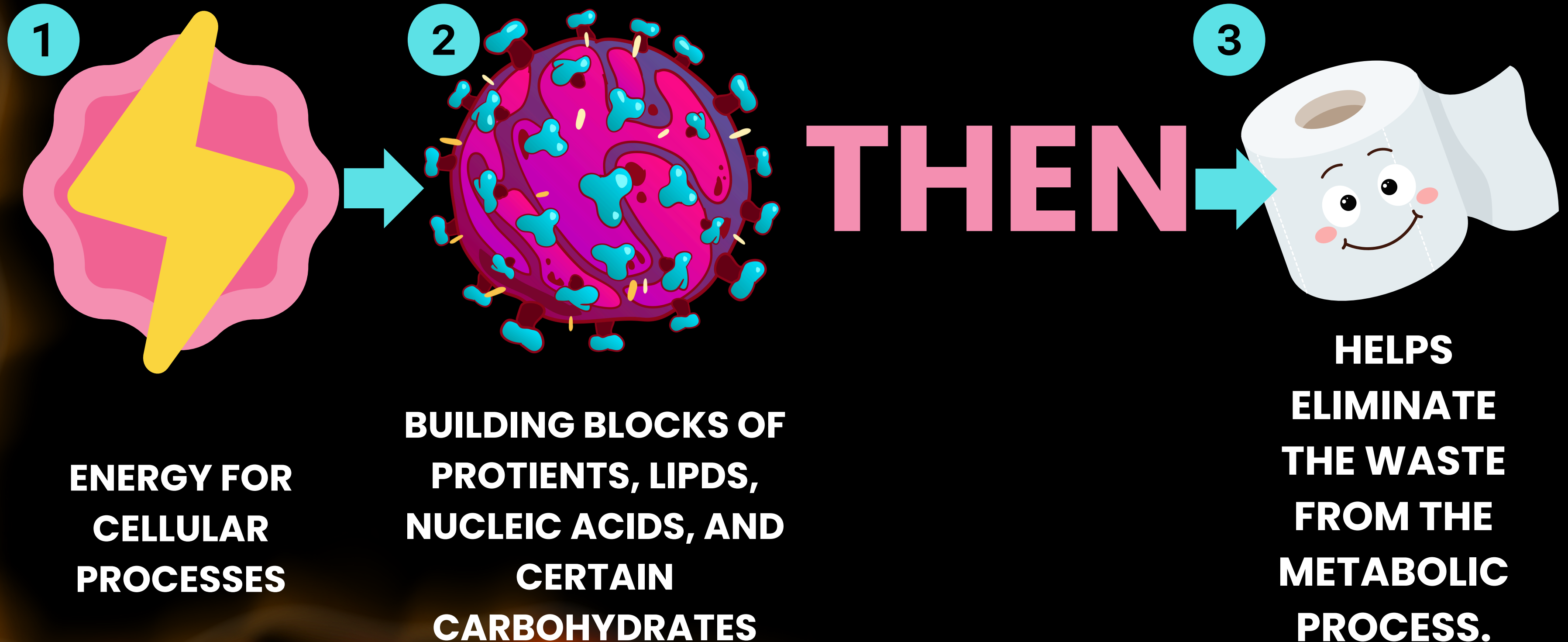
In simple terms, metabolism is the internal process by which your body expends energy and burns calories. It runs 24/7 to keep your body moving, even when you're resting or sleeping, by converting the food and nutrients you consume into the energy your body needs in order to breathe, circulate blood, grow and repair cells, and everything else it does to survive.

This process works at different intensities in different people. How fast your metabolism works is determined mostly by your genes. People might have fast, slow, or average metabolism, regardless of their body size and composition. Age also affects metabolism, as it can slow over the years, even if you start out with a fast metabolism. Differences in metabolism speed are evident in how easy or hard it is for people to gain or lose weight. A slow metabolism burns fewer calories, which means more get stored as fat in the body; that's why some people have difficulty losing weight by just cutting calories. A fast metabolism burns calories at a quicker rate, which explains why some people can eat a lot and not gain extra pounds.



NEXT ➡

IT CONVERTS FOOD INTO:



The background of the image features a vibrant orange color with stylized, flame-like patterns in shades of yellow and red at the top and bottom edges. In the center, there is a large, semi-transparent orange circle that serves as a backdrop for the text.

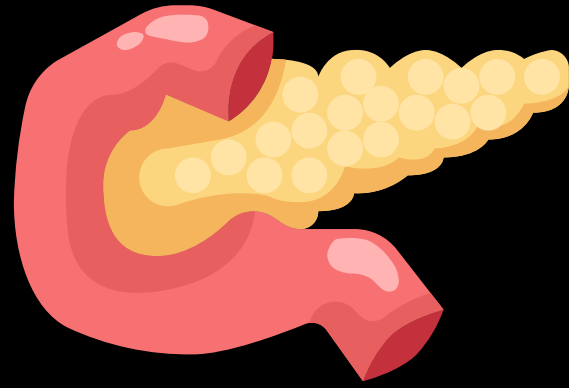
**IS THERE A WAY TO
MAXIMIZE YOUR
METABOLISM?**

TYPICAL METABOLISM:

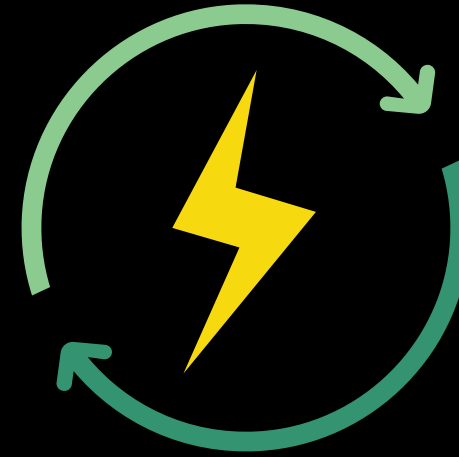
CARBOHYDRATES USED FOR ENERGY



GLUCOSE LEVELS RISE



PANCREAS PRODUCES INSULIN



GLUCOSE IS USED FOR ENERGY
OR CONVERTED TO FAT

KETOSIS:

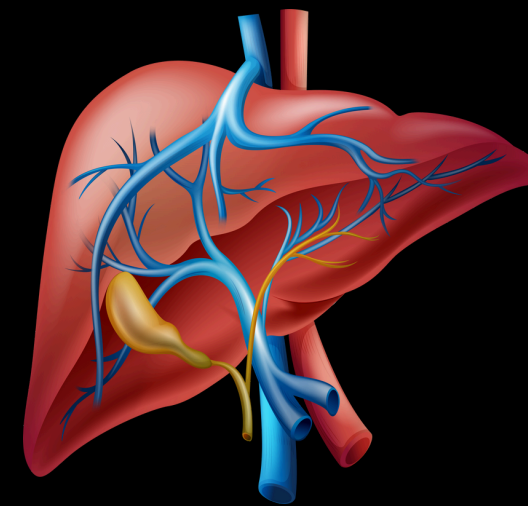
FAT USED FOR ENERGY



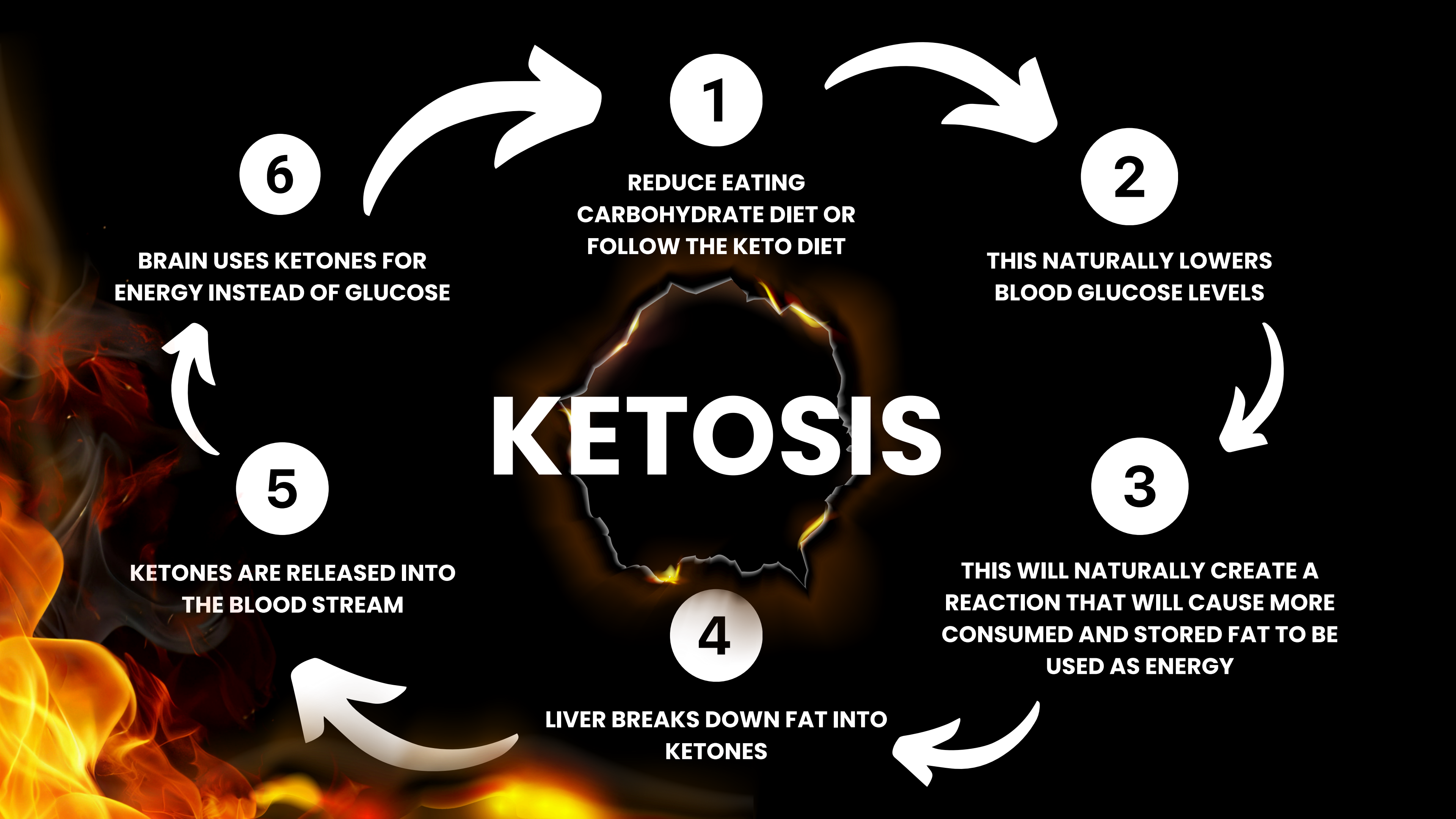
GLUCOSE LEVELS FALL

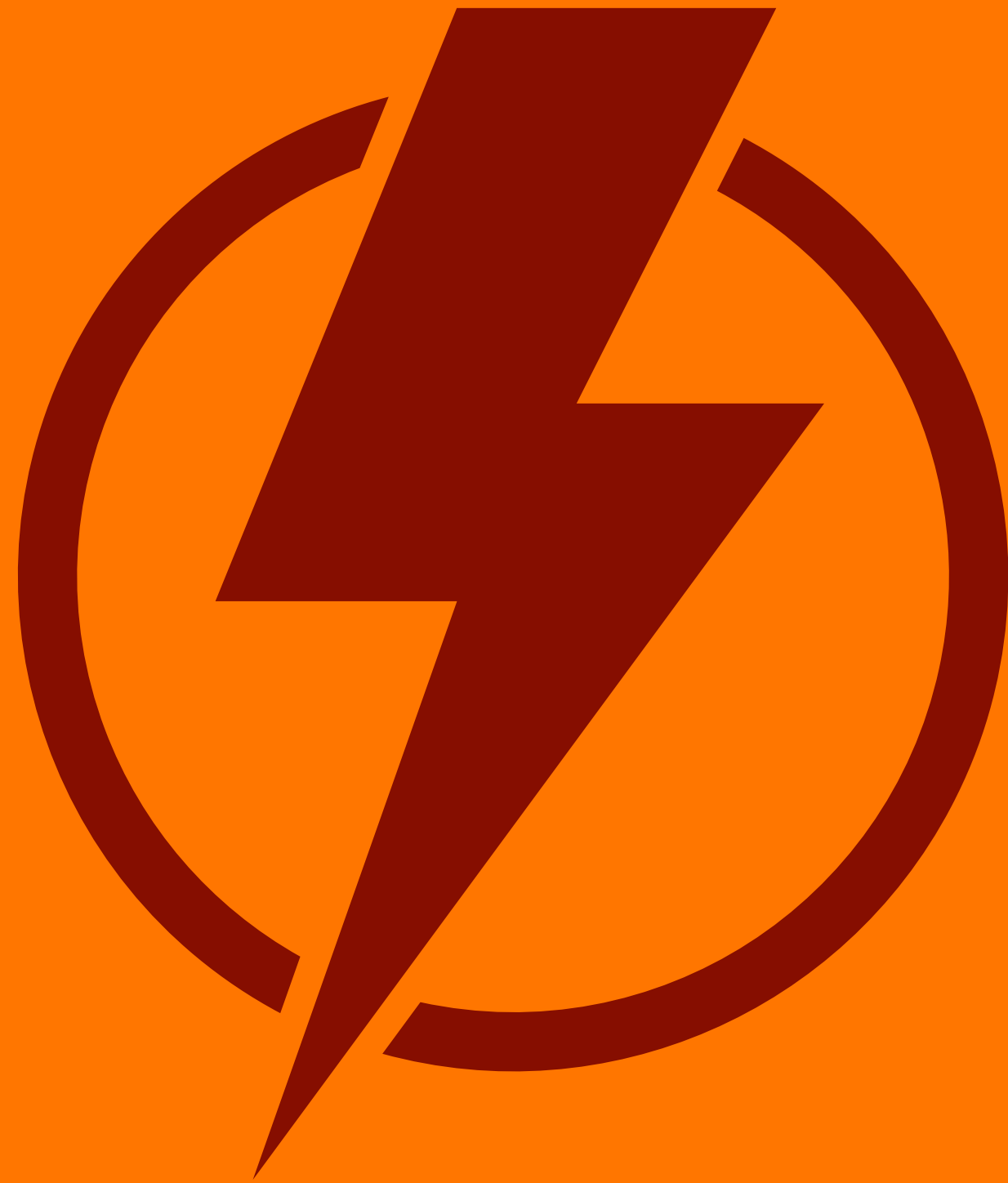


LIPASE BREAKS DOWN
TRIGLYCERIDES



LIVER BREAKS DOWN FATTY ACIDS FOR
ENERGY & PRODUCES KETONES





KETOSIS

is the state
where your
body burns
fat for
energy
instead of
carbs.



Help your body
achieve ketosis in a
healthier, faster
manner.

BURN THE FAT • INCREASE ENERGY • CUT THE CRAVINGS

KETO BLEND:

Employing low-carbohydrate diets or limiting carbohydrate intake are not the only ways to induce a state of ketosis. While we may consume high-fat foods as a means of lowering glucose levels endogenously (internally), **we can also consume ketone supplements that seek to mimic ketosis** and raise blood glucose levels without actually having to change our diet. These are called exogenous ketones.

There are **two main forms** of exogenous ketone supplements that seek to make this possible: ketone salts and ketone esters. Ketone salts are simply ketone bodies bound to a salt such as sodium, potassium, calcium, or magnesium. They're most often found in powder form rather than mixed with liquid. Ketone esters, on the other hand, are linked to a compound called an ester and are packaged in liquid form.

By taking these supplements, we actually stand to reduce the time it takes to enter a state of ketosis, which lessens the unpleasant side effects that can come from transitioning from a standard, higher-carb diet to a ketogenic one.



Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 30

	Amount Per Serving	% DV
Maximum Strength Proprietary Keto Blend	2110 mg	**
Calcium Beta-Hydroxybutyrate		
Magnesium Beta-Hydroxybutyrate		
Sodium Beta-Hydroxybutyrate		
Potassium Beta-Hydroxybutyrate		
MCT Oil		

**% Daily Value (DV) not established

Other Ingredients: Gel capsule, rice flour, magnesium stearate.

MANUFACTURED EXCLUSIVELY FOR:

Great Life Worldwide
Beloit, KS, 67420
1-866-822-5559



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

OUR FORMULA COMBINES THE POWER OF

CALCIUM BETA-HYDROXYBUTYRATE

+

MAGNESIUM BETA-HYDROXYBUTYRATE

+

SODIUM BETA-HYDROXYBUTYRATE

+

POTASSIUM BETA-HYDROXYBUTYRATE

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MCT OIL:

MCT OIL IS A SUPPLEMENT THAT HAS BECOME POPULAR AMONG ATHLETES AND BODY BUILDERS. AS THE NAME SUGGESTS, MEDIUM-CHAIN TRIGLYCERIDE (MCT) OIL CONTAINS MEDIUM-LENGTH CHAINS OF FATS CALLED TRIGLYCERIDES. DUE TO THEIR SHORTER LENGTH, MCTS ARE DIGESTED FASTER THAN LONGER-CHAIN FATTY ACIDS FOUND IN MANY OTHER FOODS.

SOME STUDIES SUGGEST THAT MCT OIL COULD PROMOTE THE RELEASE OF TWO HORMONES THAT HELP PEOPLE FEEL FULL WHEN EATING: PEPTIDE YY AND LEPTIN.

(SOURCE: [HTTPS://PUBMED.NCBI.NLM.NIH.GOV/32212947/](https://pubmed.ncbi.nlm.nih.gov/32212947/))

A REVIEW OF 13 RANDOMIZED CONTROLLED TRIALS FOUND THAT MCTS SUPPORTED MODEST WEIGHT LOSS, FAT LOSS, AND REDUCED BODY SIZE. YOUR BODY CAN CONVERT MCTS INTO KETONES, WHICH PROVIDE A FAT-BASED SOURCE OF ENERGY FOR THE BODY WHEN CARBOHYDRATE INTAKE IS LOW. IF YOU'RE FOLLOWING A KETOGENIC DIET, TAKING MCT OIL COULD POSSIBLY HELP YOU STAY IN THE FAT-BURNING STATE KNOWN AS KETOSIS. KETOGENIC DIETS ARE VERY LOW IN CARBS AND HIGH IN FAT.

(SOURCES: [HTTPS://PUBMED.NCBI.NLM.NIH.GOV/25636220/](https://pubmed.ncbi.nlm.nih.gov/25636220/);
[HTTPS://WWW.NCBI.NLM.NIH.GOV/PMC/ARTICLES/PMC4878196/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4878196/);
[HTTPS://WWW.NCBI.NLM.NIH.GOV/PMC/ARTICLES/PMC5987302/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5987302/);
[HTTPS://WWW.NCBI.NLM.NIH.GOV/PMC/ARTICLES/PMC7480775/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7480775/))

SEE THE BURN



**TURN YOUR BODY INTO A
FAT-BURNING MACHINE.**

HELP GET YOUR BODY INTO KETOSIS!



TAKE ADVANTAGE
OF THIS POWERFUL
PRODUCT TO TAKE
YOUR HEALTH TO
THE NEXT LEVEL.

TRY IT TODAY!